

health report : <https://Upwork.com>

examined at : 24-08-01 03:05:39

follow recommendations of this health report to keep your site healthy

Score

20.5

Page Title

Page Title

Short Recommendation

Your site do not have any title.

Meta Description

Meta Description

Short Recommendation

Your site do not have any meta description.

Meta Keyword

Meta Keyword

Short Recommendation

Your site do not have any meta keyword.

Keyword Analysis

Single Keywords

Keyword	Occurrence	Density	Possible Spam
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Two Word Keywords

Keyword	Occurrence	Density	Possible Spam
---------	------------	---------	---------------

Three Word Keywords

Keyword	Occurrence	Density	Possible Spam
---------	------------	---------	---------------

Four Word Keywords

Keyword	Occurrence	Density	Possible Spam
---------	------------	---------	---------------

Keyword Usage

Keyword Usage

Short Recommendation

The most using keywords do not match with meta keywords.

Total Words

Total Words

0

Text/Html Ratio Test

Site Failed Text/Html Ratio Test.

Html Headings

H1(0)

H2(0)

H3(0)

H4(0)

H5(0)

H6(0)

Robot.txt

Short Recommendation

Your site does not have robot.txt.

Sitemap

Short Recommendation

Your site does not have sitemap

Internal Vs. External Links

Total Internal Links?

0

Total External Links?

0

Internal Links
External Links

Domain Ip Information

IP: [104.18.89.237](#)

City: [San Francisco](#)

Country: [US](#)

Time Zone: [America/Los_Angeles](#)

Longitude: [-122.3971](#)

Latitude: [37.7621](#)

Noindex , Nofollow, Dofollow Links

Total NoIndex Links: 0

Total NoFollow Links: 0

Total DoFollow Links: 0

NoIndex Enabled by Meta Robot?: [No](#)

NoFollow Enabled by Meta Robot?: [No](#)

NoIndex Links
NoFollow Links

Seo Friendly Links

Short Recommendation

Links of your site are SEO friendly.

Favicon

Short Recommendation

Your site does not have favicon.

Image 'Alt' Test

Short Recommendation

Your site does not have any image without alt text.

Doc Type

Doc Type :

Short Recommendation

Page do not have doc type

Depreciated Html Tag

Short Recommendation

Your site does not have any depreciated HTML tag.

Html Page Size

Html Page Size : 0 Kb

Short Recommendation

HTML page size is \leq 100KB

Gzip Compression

Short Recommendation

GZIP compression is disabled.

Inline Css

Short Recommendation

Your site does not have any inline css.

Internal Css

Short Recommendation

Your site does not have any internal css.

Micro Data Schema Test

Short Recommendation

Site failed micro data schema test.

Ip & Dns Report

IPv4: [104.18.89.237](#)

IPv6: [Not Compatiable](#)

Dns Report

SL	Host	Class	TTL	Type	PRI	Target	IP
1	Upwork.com	IN	300	A			104.18.90.237
2	Upwork.com	IN	300	A			104.18.89.237
3	Upwork.com	IN	72104	NS		jim.ns.cloudflare.com	
4	Upwork.com	IN	72104	NS		fay.ns.cloudflare.com	
5	Upwork.com	IN	300	MX	5	alt1.aspmx.l.google.com	
6	Upwork.com	IN	300	MX	5	alt2.aspmx.l.google.com	
7	Upwork.com	IN	300	MX	1	aspmx.l.google.com	
8	Upwork.com	IN	300	MX	10	aspmx3.googlemail.com	

Ip Canonicalization Test

Short Recommendation

Site failed IP canonicalization test.

Url Canonicalization Test

Short Recommendation

Site failed URL canonicalization test.

Plain Text Email Test

Short Recommendation

Site passed plain text email test. No plain text email found.

Curl Response

url : https://Upwork.com/
content type : text/html; charset=UTF-8
http code : 403
header size : 2037
request size : 122
filetime : -1
ssl verify result : 20
redirect count : 0
total time : 0.062735
namelookup time : 0.004312
connect time : 0.006468
pretransfer time : 0.015217
size upload : 0
size download : 0
speed download : 0
speed upload : 0
download content length : -1
upload content length : 0

starttransfer time : 0.062601
redirect time : 0
redirect url :
primary ip : 104.18.89.237
certinfo :
primary port : 443
local ip : 45.79.58.186
local port : 37288
http version : 3
protocol : 2
ssl verifyresult : 0
scheme : https
appconnect time us : 14634
connect time us : 6468
namelookup time us : 4312
pretransfer time us : 15217
redirect time us : 0
starttransfer time us : 62601
total time us : 62735

Pagespeed Insights (Mobile)

[Enable Google PageInsights API from here](#)

Pagespeed Insights (Desktop)

Performance

Emulated Form Factor **Desktop**

Locale **En-US**

Category **Performance**

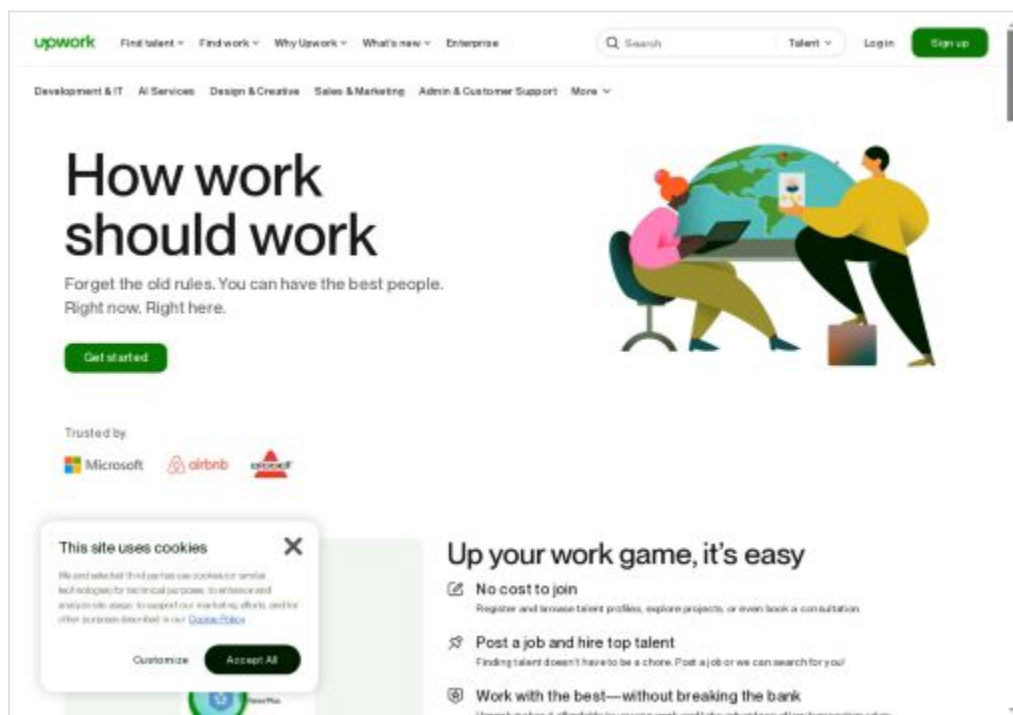
First Contentful Paint (FCP) **1537 ms**

FCP Metric Category **FAST**

First Input Delay (FID) **23 ms**

FID Metric Category **FAST**

Overall Category **AVERAGE**



First Contentful Paint (FCP) **1761 ms**

FCP Metric Category **FAST**

First Input Delay (FID) **6 ms**

FID Metric Category **FAST**

Overall Category **AVERAGE**

First Contentful Paint **0.7 s**

First Meaningful Paint **0.7 s**

Speed Index **2.7 s**

First CPU Idle

Time to Interactive **5.7 s**

Max Potential First Input Delay **270 ms**

Resources Summary

Aggregates all network requests and groups them by type [Learn More](#)

Eliminate Render-Blocking Resources

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. [Learn More](#)

Efficiently Encode Images

Optimized images load faster and consume less cellular data. [Learn More](#)

Enable Text Compression

Potential savings of 16 KiB

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes. [Learn More](#)

Serve Static Assets With An Efficient Cache Policy

31 resources found

A long cache lifetime can speed up repeat visits to your page. [Learn More](#)

Minimize Third-Party Usage

Third-party code blocked the main thread for 220 ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading. [Learn More](#)

Total Blocking Time

910 ms

Sum of all time periods between FCP and Time to Interactive, when task length exceeded 50ms, expressed in milliseconds.

Reduce Javascript Execution Time

3.1 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. [Learn More](#)

Defer Offscreen Images

Potential savings of 110 KiB

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. [Learn More](#)

Server Backend Latencies

30 ms

Server latencies can impact web performance. If the server latency of an origin is high, it's an indication the server is overloaded or has poor backend performance. [Learn More](#)

Properly Size Images

Potential savings of 169 KiB

Serve images that are appropriately-sized to save cellular data and improve load time. [Learn More](#)

Reduce Unused Css

Potential savings of 92 KiB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity. [Learn More](#)

Avoid Enormous Network Payloads

Total size was 3,315 KiB

Large network payloads cost users real money and are highly correlated with long load times. [Learn More](#)

Minimize Main-Thread Work

6.1 s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. [Learn More](#)

Avoid Chaining Critical Requests

1 chain found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. [Learn More](#)

Avoid An Excessive Dom Size

3,357 elements

A large DOM will increase memory usage, cause longer [Learn More](#)

Avoid Multiple Page Redirects

Potential savings of 230 ms

Redirects introduce additional delays before the page can be loaded. [Learn More](#)

Minify Javascript

Minifying JavaScript files can reduce payload sizes and script parse time. [Learn More](#)

User Timing Marks And Measures

3 user timings

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. [Learn More](#)

Network Round Trip Times

10 ms

Network round trip times (RTT) have a large impact on performance. If the RTT to an origin is high, it's an indication that servers closer to the user could improve performance. [Learn More](#)
